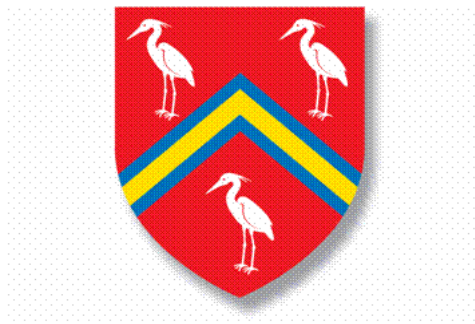


Week Commencing Monday 22nd February



MONDAY

MAIN COUNTER

Chicken Pie
Caribbean Pork Steak
Provencale Pasta sauce
Provencale Pasta Sauce

POTATOES/VEG OF THE DAY

Pasta or Herb Diced Potatoes
Mashed Swede
Garden Peas

SALAD BAR

Meat, Fish or Cheese
Self help Salad
Bread Rolls or Jacket Potato

DESSERT OF THE DAY

Jam Roly Poly & Custard
Iced Fingers
Yoghurts, Cheese & Biscuits
Jelly or Mousse

In addition to dessert each pupil may take a piece of fresh fruit

TUESDAY

MAIN COUNTER

Salmon & Broccoli Pasta Bake
Chicken Balti
Cheese & Onion Flan
Quorn Balti

POTATOES/VEG OF THE DAY

Rice or Parsley potatoes
Sweetcorn
Green Beans

SALAD BAR

Meat, Fish or Cheese
Self help Salad
Bread Rolls or Jacket Potato

DESSERT OF THE DAY

Iced Sponge & Custard
Chocolate Krispie
Yoghurts, Cheese & Biscuits
Jelly or Mousse

In addition to dessert each pupil may take a piece of fresh fruit

WEDNESDAY

MAIN COUNTER

Roast Turkey & Stuffing
Beef Chilli Con Carne
Vegetable Chilli Con Carne
Roast Chicken

POTATOES/VEG OF THE DAY

Roast Potatoes
Brussels
Carrots

SALAD BAR

Meat, Fish or Cheese
Self help Salad
Bread Rolls or Jacket Potato

DESSERT OF THE DAY

Fruity Flapjack
Pain au Chocolat
Yoghurts, Cheese & Biscuits
Jelly or Mousse

In addition to dessert each pupil may take a piece of fresh fruit

THURSDAY

MAIN COUNTER

Beef Lasagne
Chinese Chicken
Quorn Lasagne
Quorn Lasagne

POTATOES/VEG OF THE DAY

Garlic Bread & Rice
Mixed Salad
Garden Peas

SALAD BAR

Meat, Fish or Cheese
Self help Salad
Bread Rolls or Jacket Potato

DESSERT OF THE DAY

Chocolate Sponge & Chocolate Sauce
Raisin Cookies
Yoghurts, Cheese & Biscuits
Jelly or Mousse

In addition to dessert each pupil may take a piece of fresh fruit

FRIDAY

MAIN COUNTER

Pork Hot Dog
Chicken Bites
Quorn Hot Dog
hot dog

POTATOES/VEG OF THE DAY

Chips or oven baked Potatoes
Baked Beans, Spaghetti Hoops
Sweetcorn

SALAD BAR

Meat, Fish or Cheese
Self help Salad
Bread Rolls or Jacket Potato

DESSERT OF THE DAY

Fruity Friday
Yoghurts, Cheese & Biscuits
Jelly or Mousse

In addition to dessert each pupil may take a piece of fresh fruit

Those items highlighted in green are suitable for vegetarians